

DESTINATION

SACRAMENTO, CALIFORNIA

Sacramento, the capital city of California, is rich in history. During the California Gold Rush, Sacramento was a major distribution point, a commercial and agricultural center, and a terminus for wagon trains, stagecoaches, riverboats, the telegraph, the Pony Express, and the First Transcontinental Railroad. Some of this is preserved today in a section of Sacramento called Old Town, where you'll find historic buildings, trains and the early home of the California Supreme Court.

Today, as a cosmopolitan state capital, Sacramento offers a thriving nightlife, great restaurants and plenty of adventure, just as it did in the Gold Rush days. For art enthusiasts, Sacramento offers the Crocker Art Museum and the Sacramento Metropolitan Arts Commission.

If you're looking for outdoor adventure, kayak or swim in the Sacramento River or go to Raging Waters, a nearby water amusement park. If it's the right time of year, you can drive to Lake Tahoe for some wintry fun, such as skiing or snowboarding.

YOUR "CAN'T MISS" ITEMS FOR THINGS TO SEE AND DO IN AND AROUND SACRAMENTO

- Old Town Sacramento
- California State Railroad Museum
- State Capitol and Museum
- Downtown Art Walk (every 2nd Saturday)
- Lake Tahoe
- San Francisco



FACILITY

KAISER SACRAMENTO

The Kaiser Permanente Sacramento Medical Center, along with several affiliated medical offices in the surrounding area, serves approximately 459,000 members. The Medical Center is fully accredited by The Joint Commission and has achieved the Commission's Gold Seal of Approval. In addition, the Medical Center is accredited by The Joint Commission as a Disease-Specific Stroke Center and has received the following recognitions:

- Get with the Guidelines-Stroke (American Heart Association and American Stroke Association award).
- 2010 Top Performer in Key Quality Measure (The Joint Commission award for excellence in hospital care for heart attack, heart failure, pneumonia and surgery).
- American College of Surgeons National Surgical Quality Improvement Program (program that measures and improves the quality of surgical care).
- 2011 Leapfrog Top Hospital.

The Kaiser Sacramento Medical Center offers 39 departments and specialties, including ICU, emergency services, neurosurgery and radiology.



FACILITY AT A GLANCE

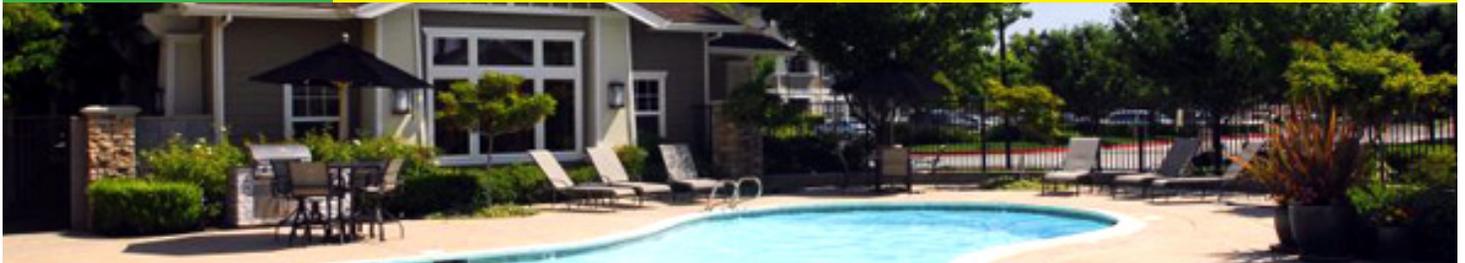
- 304 beds
- Joint Commission Gold seal of Approval
- Weekly Farmers Market
- 39 departments and specialties
- Free parking

KAISER SACRAMENTO MEDICAL CENTER

2025 Morse Avenue, Sacramento, CA 95825
(916) 973-5000

HOUSING

SACRAMENTO, CALIFORNIA



McKenzie at Natomas Park (4601 Blackrock Dr., Sacramento, CA 95835) offers comfortable and sophisticated apartment homes surrounded by beautiful landscaping. Close to nearby Natomas Regional Park, which has baseball fields, picnic areas and a playground, McKenzie at Natomas Park is only 10 miles from the Kaiser Sacramento Medical Center. Amenities include oversized closets, designer kitchens and grand master suites. You'll also find a pool, spa and fitness center. McKenzie at Natomas Park is pet friendly.

Another great housing choice, only nine miles from Kaiser Sacramento Medical Center, is River Ranch Apartment Homes (2763 River Plaza Dr., Sacramento, CA 95833). River Ranch has easy access to downtown Sacramento, and restaurants and shops along the Sacramento River are just a walk away. River Ranch amenities include a pool, fitness center, gas oven ranges, private parking and a clubhouse with full kitchen and computer lab. Freeway access is convenient from the apartment homes. You will find a virtual tour [here](#).