THE TRAVEL NURSE'S GUIDE TO:

Raleigh-Durham





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Why Raleigh-Durham?

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Looking for the next place to visit as a travel nurse? Consider Raleigh-Durham in North Carolina or Raleigh-Durham-Chapel Hill, as the true-blue University of North Carolina fans will staunchly insist. Also known as the Research Triangle, this nine-county area in the Piedmont region of North Carolina is famous for being home to several prestigious universities and a plethora of high-tech companies. Raleigh-Durham area could soon be an amazing temporary home for you, as you take on your next big adventure in travel nursing.

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Lifestyle Benefits

As any experienced travel nurse can attest, one of the biggest benefits of traveling is the paycheck. You can make an excellent living as a well-paid travel nurse. And since you'll both earn a good living and receive free housing, you can sock away some of that money for a rainy day.

Other benefits of taking a travel nursing assignment in Raleigh-Durham:

- You can go back to school. Okay, not exactly. But the Research Triangle is home to some world-class universities that host a never-ending array of cultural, arts, and sporting events, many of which are open to the larger community—including you.
- You'll have plenty of time to play. You'll want to explore all that Raleigh-Durham has to offer, and once you get your work schedule, you can plan out your calendar of events. Some travelers ask to stack their workdays together, so they'll have blocks of time for longer trips.
- It will be easy to take a future assignment in North Carolina--or another compact state. Like more than 30 other states including neighboring states like South Carolina, Georgia, Virginia, and Tennessee, North Carolina participates in the <u>enhanced Nurse Licensure Compact</u> (eNLC). The eNLC is an arrangement that allows nurses to get a license to provide care in any of the states that are members of the compact. Once you have a license to practice in North Carolina or any other compact state, it will be super easy to book travel nursing assignments in those states.
- You can plan future vacations around your job. One of the best parts about travel nursing is that you can always guarantee yourself a vacation! When you're booking assignments, you might choose to leave a couple of weeks of free time (or more) in between your current assignment and your next assignment. You can give yourself time to return home, visit with family, or plan a big trip that you've been dreaming of.

Those are just a few of the lifestyle benefits that come with a travel nursing job in Raleigh-Durham, and we feel confident that you'll discover more to add to our list!



Now the next question is...where do you want to work, once you get to Raleigh-Durham? The Raleigh-Durham area boasts a variety of different types of excellent healthcare facilities, one of which may be right up your alley.

American Mobile typically has travel nurse job openings in the following types of facilities:



Large Academic Medical Centers



Mid-Size & Smaller Hospitals



Magnet Facilities



Clinics





Rehabilitation Facilities

Home Health Companies

And when you look more closely, you'll discover even more variety. Some hospitals boast a Level 1 trauma center or a primary stroke center. Some are located in the heart of a busy city, while others enjoy a more suburban or even a rural location.

You can also search our job database for jobs for very specific nursing roles, including the operating room, the Labor and Delivery unit, the telemetry unit, the dialysis unit, the Post-Anesthesia Care Unit (PACU), the cardiac catheterization lab, and more. There's sure to be an opening that's right for you.

Because Raleigh-Durham's hospitals and healthcare organization are well-respected throughout the industry, a travel nursing job in one of them can definitely be a resume-boosting opportunity for you. And that experience will make you a more desirable candidate for future jobs, wherever you go.

Things to do

As a travel nurse, you'll work hard and you'll have plenty of time to play hard...or rest...or be a tourist...or all three! In fact, you'll find a myriad of opportunities for both relaxation and recreation in the Raleigh-Durham area.

Bluegrass Music Events

Bluegrass is big in North Carolina and the surrounding areas. You can find frequent opportunities to listen to <u>live bluegrass music</u> in the Raleigh-Durham area, with events like <u>Wide Open Bluegrass</u>, as well as numerous <u>other bluegrass festivals</u> around the rest of North Carolina. And if you're working in Raleigh-Durham in the fall, you can attend the largest free urban bluegrass festival in the world in downtown Raleigh: <u>IBMA Bluegrass Live</u>!

2 Boxyard RTP

Sometimes you just want to eat, drink, and hang out...and maybe play a few games, listen to some live music, participate in a fitness class, see some stand-up comedy, or <u>do a little shopping</u>. Located in the Research Triangle, <u>Boxyard RTP</u> offers all of those opportunities against a stylized backdrop of repurposed shipping containers.

3 Carolina Hurricanes

Hockey fans, great news. Raleigh is home to the <u>Carolina Hurricanes</u>, the only National Hockey League team in the Carolinas. The Hurricanes last won the Stanley Cup in 2006, but you never know: this next season could be the year they win it all again, and you could be there to see them. Win or lose, attending a Hurricanes game at PNC Arena will be a fun (and loud!) experience that you won't soon forget.

4 Chatham Beverage District

The name might sound a little sterile, but trust us, you'll want to check out the <u>Chatham Beverage District</u> in Pittsboro. So what is a "beverage district" anyway? Think of it like a farmer's market for spirits and other treats. Have you ever tasted mead? Now's your chance, since one of the vendors is <u>Starrlight Mead</u>. Check out the <u>Chatham Cider Works</u>, <u>BMC Brewing</u>'s brewery, and <u>Fair Game Beverage Company</u>'s tasting room while you're there, too. There's also an art gallery and an axe-throwing shop.



Things to do

5 Durham Bulls

The classic baseball movie "Bull Durham" has been making people laugh for more than 30 years. Now you can see the minor league baseball team that inspired part of the story. The <u>Durham Bulls</u>, which are the Triple-A affiliate of the Tampa Bay Rays, play their home games at the Durham Bulls Athletic Park. If a member of the Bulls hits a home run, look for the giant Snorting Bull in the outfield to thrash its tail and blow actual smoke out of its nostrils.

6 Durham Farmer's Market

One of the best ways to learn how the locals live in a particular community is to visit their farmer's markets, like the <u>Durham Farmer's</u> <u>Market</u> in the heart of downtown Durham. Plus, you can pick up some delicious fruits and vegetables, maybe some fresh flowers or handmade soap, while you're there. And if you're lucky, the <u>Poetry Fox</u> might show up and produce some on-demand poetry for you while you wait. If you want to visit a larger-scale farmer's market, head on over to Raleigh to check out the <u>North Carolina State Farmers Public Market</u>, which is open seven days a week year-round.

Duke Lemur Center

If you're an animal lover or even if you just enjoyed the movie "Madagascar," you are going to love this 85-acre wildlife sanctuary for lemurs, the most endangered mammals on earth. Located on the campus of Duke University, the <u>Lemur Center</u> is home to a charismatic group of 200 lemurs and bushbabies from 13 different species. You can even symbolically <u>Adopt a Lemur</u> to help fund conservation efforts—wouldn't that make a great souvenir from your travel nursing adventures in North Carolina?

8 Film Festivals in Durham

Some places host an annual film festival. The city of Durham is an overachiever, though. It hosts many different film festivals: <u>Full Frame</u> <u>Documentary Film Festival</u>, the <u>Bull City International Film Festival</u>, the <u>Nevermore Film Festival</u>, the <u>Retro Film Series</u>, the Escapism Film Festival (which went virtual for 2022), and more. One highlight: the <u>Hayti</u> <u>Heritage Film Festival</u> is one of the longest-running Black film festivals in the country. Interested in other film festivals in the region? Check out the <u>North Carolina Film Office</u> for more information.





Things to do

9 Hiking and Biking Trails

You could fill up your calendar with hiking and biking if you wanted to. Or you can just hit a few high points. <u>William B. Umstead State Park</u> offers trails around three manmade lakes (plus fishing!). The <u>Neuse River</u> <u>Greenway</u> in Raleigh has nearly 28 miles of paved trails and scenic views of the river. Plan to hike and camp at the <u>Jordan Lake State Recreation Area</u>, or hit the trail on the <u>American Tobacco Trail</u>. Or if you're thinking bigger and want a longer-term hiking opportunity, check out North Carolina's longest hiking trail: the <u>Mountains-to-Sea Trail</u>.

10 New Bern

Ready for a road trip? Just two hours from Raleigh, the riverfront city of New Bern is the second-oldest town in North Carolina and chock full of history. Visit the <u>North Carolina History Center at Tryon Palace</u>, the <u>New Bern Firemen's Museum</u>, <u>numerous art galleries and exhibits</u>, and of course, the beautiful waterfront downtown area. Fun fact: New Bern is the <u>birthplace of Pepsi</u>.

😶 North Carolina Museum of Art

Ask anyone living in the Raleigh-Durham area which museums to check out, and they will almost certainly start with the <u>North Carolina</u>. <u>Museum of Art</u>. And the art isn't just contained within the museum's galleries, either. Step outside the doors and discover the <u>Ann and Jim</u>. <u>Goodnight Museum Park</u>, with gardens, sculptures, and a network of recreational trails.

12 North Carolina Museum of Natural Sciences

Raleigh is also home to the Southeast's largest natural history museum, so be sure to check out the <u>North Carolina Museum of Natural Sciences</u> during your travel nursing assignment. You might be interested in the <u>Astronomy & Astrophysics Research Lab</u> and check out the <u>NASA-funded</u> <u>OpenSpace project</u>, or maybe animals are more your thing so you'll want to visit the museum's Arthropod Zoo, Living Conservatory, and Snakes of North Carolina exhibits, or marvel over the huge skeleton of Stumpy the Right Whale. (Don't miss <u>BugFest</u> if you're there in the fall.) And coming soon: the <u>Dueling Dinosaurs</u> exhibit.



Why work for American Mobile?

American Mobile bills itself as the nation's top travel nursing agency, but that's not just a slogan. American Mobile takes pride in its wide array of well-paying travel nurse jobs, its top-notch staff of recruiters, clinical experts and others who support travelers, the excellent benefits, and all the other opportunities that it offers to travelers.

Here are a few key reasons to consider signing on with American Mobile:

- We have the largest database of travel nursing jobs in the industry. We also have exclusive contracts with a number of leading healthcare organizations, including prestigious magnet hospitals you know, the Big Names that everyone's heard of.
- We make it easy for you. It's easy to use the <u>AMN Passport app</u> to search for jobs and book assignments. Then you can use the app to manage your assignments.
- We offer 24/7 clinical support. If you run into a question about a clinical matter on the job, you can call our clinical team and receive urgent assistance at any time of day or night.
- We offer <u>licensure assistance</u>. Getting licensed in a new state can be a tedious and, in some cases, time-consuming process, but we strive to make it as easy and efficient as possible.
- We pay for your housing. We can find you a safe, convenient apartment that we'll pay for, or you can take a stipend and find your own housing--whatever works best for you.
- We'll support you the entire way. Once you give us the nod, we're right behind you every step of the way, offering support and making sure you get everything that you need. If you have need help with housing or payroll, we have staff who can help you. If you want to talk to someone about your assignment, your recruiter will always be there to guide you, too.

Why work for American Mobile?

American Mobile also offers the best <u>benefits</u> in the travel nursing industry.

- Premium health benefits. Perhaps more important than ever before, our health benefits will give you the peace of mind to know that you have access to healthcare when you need it, too. Our options include PPO and HMO health benefits, as well as life insurance, vision insurance, and disability insurance – for you and your family. Plus, you don't have to wait a month or three for these benefits to kick in. Coverage starts on Day One.
- **Retirement savings.** American Mobile offers a generous 401(k) matching program that will help you save money for your retirement (when you can travel even more!).
- Free continuing education. Nursing leaders will tell you that lifelong learning is a hallmark of the nursing profession. To make it easier for you to stay up-to-date on the latest evidence-based research and developments in your profession, we offer free continuing education unit (CEU) courses.

And while it might not be considered a traditional benefit, you might be happy to learn that you can bring your dog or cat along, too! In fact, we encourage nurses to travel with their families or pets if it helps them feel comfortable on the road. (But if you'd prefer a little vacation from regular life while you're on assignment, we completely understand that, too!)



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Interested in working in the Raleigh-Durham area?

Contact an American Mobile recruiter to start the application process or <u>visit our job search page</u> to find an assignment that's a great fit for you!

